Fall 2014 Men's Adult Flag Football League



Gladstone Parks & Recreation



City of Gladstone • 7010 N. Holmes • Gladstone, MO 64118 (816) 423-4091 www.gladstone.mo.us

Adult Flag Football League

The Menøs Adult Flag Football program is sponsored by Gladstone Parks & Recreation Department. Competitive and Intermediate leagues are offered.

<u>**Competitive Division:**</u> Designed for established teams that have been playing together for a period of time.

Intermediate Division: Designed for new teams, or existing teams who are looking for a less competitive atmosphere.

<u>Rules:</u> Games are governed by the National Intramural and Recreational Sports Association Rules, which are most commonly used in college intramural flag football leagues.

This is a true flag football league. No contact will be permitted. Screen blocking is the only legal fashion in which a player may slow down their opponent. Occassional or incidental contact will occur, but will not be tolerated if it becomes obviously intentional.

Seven individuals will play at one time. Free substitutions can take place any time during the game.

A team consists of 12 rostered players. Teams will be responsible for completing a team roster form prior to playing in their first game. As part of their entry fee, teams will receive 12 numbered T-Shirts which must be worn during league games.

<u>Games:</u> Saturday mornings beginning September 13th, 2014. Each game consists of two (2) twenty minute halves and a five (5) minute halftime. Game times: 9:00, 10:15, 11:30, 12:45.

Location: Happy Rock Park (West Side), 76th & N. Antioch Road, Gladstone, MO.

Fee: \$450.00 per team. This includes 8 games, 12 numbered T-Shirts, all playing equipment and officiating crew.

<u>Registration Dates:</u> Monday, July 21st ô Friday, August 22nd, or until leagues are full. Complete the application form and return it with full payment to:

Gladstone Parks & Recreation Department Attn: Adult Flag Football 7010 N. Holmes Gladstone, MO 64118

Forms may be faxed to (816) 436-2228. Telephone registration will not be accepted. On-line registration is available at *http://www.activityreg.com/selectivity.wcs*.

<u>Managers Meeting</u>: A mandatory rules meeting will be held on **Thursday**, **September 11th at 6:00 p.m.** in the South Conference Room of Gladstone City Hall. At that time schedules and shirts will be distributed and rules discussed.

For more information about the league contact Russ Collins at (816) 423-4088.

Adult Flag Football - \$450

Team Name:	
Team Manager:	
Address:	
City/State/ZIP:	
Cell #:	Work #:
Email Address:	
Second Contact Information	
Name:	
Cell #:	Work #:
Please check your league choice:	Menøs Competitve - \$450.00
	☐ Menøs Intermediate- \$450.00
indemnify and hold harmless and employees, from any injury which (s) registered in this program a	n of participation in this program, agrees to I release the City of Gladstone, it's agents and may be suffered by the above named individual rising out of or in any way connected with I have read the above application and fully for any injuries received.
Signature:	
Payment: MasterCard Visa	Discover Cash Check Money Order
Cand Number	Expiration Date

Return this form to: Gladstone Parks & Recreation Department Attn: Adult Flag Football 7010 N. Holmes Gladstone, MO 64118

Please make checks payable to City of Gladstone.