

Gladstone HyVee Team Spirit Scarecrow Run

Proceeds will go towards supporting The Northland Christmas Store, a 501(c)3 non-profit organization which assists needy families of the Northland during the holiday season. The Christmas Store provides services for over 3000 men, women and children and 250 senior shut-ins each year.

DATE

Sunday, October 5, 2014 at 7:30 a.m.

New Starting Location

Gladstone Linden Square
602 NE 70 Street, Gladstone, MO 64118

Race Categories

5K Run- this is a 3.1 mile course open to all runners. Chip timing will be used and awards will be presented to top three competitors in each division. Awards will also be presented for male and female overall winners under 40 and male and female overall winners over 40.

5K Walk / 1 Mile Fun Walk- this course is open to all walkers. There will be a clock for you to acknowledge your finish time, but no race placement awards will be presented. Strollers are welcome. These are perfect events to gather your friends and/or get into the action of fitness.

5 K Run/Team Challenge -

Gather a team of 4 and register your team name. You just pay the individual rate. Select from one of the categories: 24 yrs. and younger, Community, Business/Corporate, 45 plus, or Walking only team.

Team Spirit Award & Costume Contest

Don't be **SCARED** to Crow about your favorite Team! Wear your favorite Sporting, Business, Church, Neighborhood attire or Fall Theme Costume. Show your spirit throughout the run/walk. Prizes will be awarded.

Registration

⇒ **\$18** Early Bird Special if registered by 9/14
\$22 if registered 9/15 through 9/26. **\$25** if registered 9/27 through race day. To register, mail form with payment to Gladstone Parks & Recreation, 7010 N. Holmes, Gladstone, MO 64118. Registrations will be accepted in person at Gladstone City Hall Monday through Friday from 8:00 a.m. - 5:00 p.m. **You may also register at <http://www.enter2run.com/search/event.aspx?id=28610>**

⇒ General Information

- ⇒ **All runners / walkers will enjoy a complimentary post- race breakfast of bagels, yogurt, fresh fruit and beverages compliment of Gladstone HyVee.**
- ⇒ All Runners / Walkers will receive a commemorative T-shirt. Those persons registering after September 27th are not guaranteed a T-shirt. T-shirts available while supply lasts.
- ⇒ Family registrations will be accepted at a discounted price. One adult member will pay a full price registration fee (depending on date of registration). Immediate family members will pay \$12.00 each. Immediate family members include Mother, Father and Child(ren).
- ⇒ No Animals allowed on the course. Strollers are welcome.
- ⇒ Packet pick up and walk up registration will begin on Sunday, October 5, 2014 from 6:15 a.m. - 7:15 a.m. at Linden Square. Fee is \$25. Please bring exact change if paying with cash. Mastercard, Visa, Discover and checks are also accepted. **You may also pick up packet on Saturday, October 4th from 2:00pm to 4:00pm at The Running Well Store. 6106 NW Barry Road, KC, MO 64154**
- ⇒ A trophy will be presented to the best overall male and female finisher under 40 and Over 40. Commemorative medals will be presented to the first, second and third place male and female finishers in the following age groups: 5-9, 10-14, 15-19,20-24, 25-29,30-34,35-39,40-44,45-49,50-54,55-59, 60-64, 65-69,70-74, 75-79 and 80+ Team Awards for first place will be presented along with the Team Spirit and Costume Awards. Walking teams will be included in a drawing for prizes.

GLADSTONE HVEE TEAM SPIRIT SCARECROW RUN REGISTRATION FORM

Name _____ Sex: M _____ F _____

Address _____ City _____ State _____ Zip _____

Phone _____ Date of Birth _____ Age on Oct. 5, 14 _____

T-shirt size (circle) YM YL S M L XL XXL Please circle: 5K Runner 5K Walker 1 Mile Walker

TEAM- circle if part of a team : 24 yrs. and younger, or Community Team or Business Team, 5 plus Team, or Walking Team

All teams are Men and/or Women combined.

If you would like to be apart of a team, please enter team name here _____ You may also participate in team and individual event. Teams may consist of up to 4 participants per team. Team times will be averaged out.

Cash Check Discover Card

VISA MASTERCARD: Card# _____ Expiration Date _____

Email Address: _____

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I also know that, although police protection will be provided and staff will be on the course, I may also encounter vehicular traffic. I assume the risk of running/walking in traffic I also assume any and all risks associated with running/walking in this event, including, but not limited to falls, contact with other participants, the effects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executor, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Gladstone HyVee, Gladstone Rotary Club, Race Day Timing Solutions, the Gladstone Parks & Recreation Department and all assignees, or anyone acting for or on their behalf, from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of or in the course of my participation in this event. This release and waiver extends to all claims of every kind of nature whatsoever foreseen, known or unknown. Minor applicants will be accepted only with a parent's signature.

Signature of Participant _____ Signature of Parent/Guardian if under 18 _____



Title Sponsor Gladstone HyVee

Saturday, September 13th
at the Gladstone HyVee from 10:00
a.m. to 12 noon , you may sign up for
the Gladstone HyVee
Team Spirit Scarecrow Run
5K Run/Walk on
to receive special
discounts on your groceries and gas.

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team name. You just pay the individual
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Get your Team Spirit on!

Prizes will be awarded

www.gladstone.mo.us/Recreation/

City of Gladstone
Parks & Recreation Dept.
7010 N. Holmes
Gladstone, MO 64118



Team Spirit Scarecrow Run

5K Run / Walk and
1 Mile Fun Walk

Sunday, October 5, 2014
7:30 a.m.

Linden Square
602 NE 70 Street
(3 blocks east of N. Oak Trafficway)
Gladstone, MO 64118
www.gladstone.mo.us

Sponsored by:
Gladstone HyVee
Gladstone Parks & Recreation
Gladstone Rotary Club