

## SKATING LESSONS



## **Skating Lessons:**

Skate description: This class is designed for the beginner. Learn basic skating skills and comfort on the rink. Increase your body awareness through balance and strength, while grasping starting and stopping movement skills.



**Fee:** \$3 per person per class period. Students may sign up for one or more classes.

Classes will be held on Thursday evenings

<u>Time:</u> 6-6:25pm / ages 5- 9 years

Time: 6:45-7:10pm /- ages 10 & up



## Dates:

Nov 13<sup>th</sup>, Nov.20<sup>th</sup>, These classes are offered prior to opening the rink.

Dec. 4<sup>th</sup>, Dec. 11<sup>th</sup> Jan 8<sup>th</sup>, Jan 15<sup>th</sup>



Or Saturday Pre Season skate sessions:

<u>Time:</u> 2:00-2:25pm/ ages 5-9 years <u>Time:</u> 2:45-3:10pm/ ages 10 & up

Dates: Nov. 15<sup>th</sup> or Nov. 22<sup>nd</sup>