

Gladstone Parks & Recreation

GLADSTONE 50+ NEWS

August & September 2015

Questions? 816-423-4086

DAY TRIPS

All day trips depart from the west side of Happy Rock Park, 76th & old Antioch Road.

WWII AT TRUMAN LIBRARY - SATURDAY, AUGUST 8 - It's the 70th anniversary of the end of WWII and the Truman Library is commemorating it with special WWII themed programs. You will enjoy a live 1945-era musical performance, speed sessions in The White House Decision Center, a guided tour of the museum, and a speaker featuring Gayle June: A Survivor's Son. There will be KC Food Trucks to enjoy for lunch. Cost: \$16.00 includes transportation and admission. Bus departs at 10:00 a.m. and will return at approximately 4:00 p.m. Reservation deadline: July 24th.

ST. JO FRONTIER CASINO - TUESDAY, AUGUST 18 - You'll enjoy famous name slots and video poker machines plus many table games. Lunch is free for our group in the buffet. Cost: \$12.00 includes transportation. Bus departs at 8:45 a.m. and will return at approximately 3:30 p.m. Reservation deadline: August 7th.

MUSICAL THEATRE HERITAGE "WOULDN'T IT BE LOVELY" - SATURDAY, AUGUST 22 - An MTH original revue telling the story of the great songwriting team of Alan J. Lerner and Frederick Loewe and their creation of My Fair Lady, Camelot, Brigadoon, Paint Your Wagon, and Gigi. The show is at Crown Center. Lunch will be on your own at Crown Center before the show. Cost: \$41.00 includes transportation, and show. Bus departs at 12:00 p.m. and will return at approximately 5:00 p.m. Reservation deadline: July 22nd.

ETHNIC KANSAS CITY - WEDNESDAY, AUGUST 26 - You will visit Ireland, Greece and Croatia today. First you will visit Browne's Irish Marketplace where you will find Irish apparel, home décor, jewelry and a large selection of Irish grocery items. You will enjoy lunch at Tasso's Greek Restaurant, a Kansas City tradition since 1987, then visit Strawberry Hill Museum where you'll enjoy a tour, visit beautiful St. John The Baptist Croatian Parish and enjoy traditional Povitica in their tea room. **There will be stairs at Strawberry Hill.** Cost: \$48.00 includes transportation, tours and lunch. Bus departs at 10:00 a.m. and will return at approximately 4:30 p.m. Reservation deadline: August 7th.

THE NEW THEATRE "ADDAMS FAMILY" - WEDNESDAY, SEPTEMBER 2 OR SATURDAY, SEPTEMBER 19 - In this hit Broadway musical, Wednesday Addams, princess of darkness, has grown up and fallen in love with a sweet, smart, "normal" young man (and her parents know very little about him). Finally, Wednesday confides in her father that she wants to marry her "normal" guy. Fearing her mother's disapproval she begs her father to keep her secret. Can Gomez hide the truth from Morticia? A difficult task once Morticia invites the boyfriend's parents to dinner. Cost: \$45.00 includes transportation and dinner theatre. Bus departs at 11:00 a.m. and will return at approximately 4:30 p.m. Reservation deadline: July 31st and August 21st.

MYSTERY DINNER TRAIN "OUR BROTHER'S CAPER" - FRIDAY, SEPTEMBER 4 - A band of orphans on their way to new homes in Missouri accidentally uncover a well placed plot to commit murder! Can the little rascals keep the train on track and find the culprit? While solving the mystery you will enjoy a delicious dinner at the Crowne Plaza Hotel. Cost: \$69.00 includes transportation and Murder Mystery Dinner. Bus departs at 6:00 p.m. and will return at approximately 10:30 p.m. Reservation deadline: August 5th.

MARILYN MAYE AT QUALITY HILL PLAYHOUSE - THURSDAY, SEPTEMBER 10 - The Marvelous Marilyn Maye returns to her hometown for a rare 7-performance special engagement. Enjoy jazz standards and contemporary favorites as she shares with you the lyrics, the music and her stories in her own inimitable style. You will enjoy lunch before the show at Garozzo's. Cost: \$62.00 includes transportation, lunch and show. Bus departs at 10:45 a.m. and will return at approximately 4:00 p.m. Deadline: August 12th.

JOHN WAYNE & THE BRIDGES OF MADISON COUNTY - WEDNESDAY, SEPTEMBER 16 - Visit the new John Wayne Museum in Winterset, Iowa. The only museum in the world dedicated to John Wayne, it features the largest exhibit of John Wayne artifacts in existence, including original movie posters, film wardrobe, scripts, letters, artwork and sculpture, one of his customized automobiles and a movie theater. You'll also visit his boyhood home which has been restored to reflect its appearance in 1907, the year of Duke's birth. After lunch at a local church, you will be joined by a step-on-guide and travel the backroads of Madison County to see landmarks with stories behind the building, history, and preservation of their treasured covered bridges. Cost: \$110.00 includes motor coach transportation, tours and lunch. Bus departs at 7:30 a.m. and will return at 7:30 p.m. Reservation deadline: August 18th.

LUNCH OUT AT OPHELIA'S - THURSDAY, SEPTEMBER 17 - Overlooking the historic Independence Square, Ophelia's offers an infusion of cultural flavors in an eclectic American menu. Layers of flavors contribute to all of the dishes they serve. Cost: \$8.00 includes transportation. Bus departs at 10:30 a.m. and will return at approximately 1:30 p.m. Reservation deadline: September 4th.

WARM SPRINGS RANCH & BOONVILLE - THURSDAY, SEPTEMBER 24 - Warm Springs Ranch is a breeding farm for the Budweiser Clydesdales. It features a mare/stallion and foaling barn, veterinary lab and 10 pastures. The facility is home to more than 70 Clydesdales ranging from foals to stallions. You will interact with Clydesdale handlers, see the Clydesdales' harness, luxury trailer and 1903 beer wagon, take a photo with a Clydesdale, sample Budweiser beer and visit the gift shop. You will enjoy a delicious lunch buffet at the Isle of Capri Casino before an afternoon of interesting sites. You will see the most impressive and extensive collection of Antique Mitchell Motorcars and Wagons in the United States, the Old Jail that held Frank James and enjoy a tour of Boonville's historic area. Cost: \$95.00 includes motor coach transportation, tours and lunch. Motor coach departs at 7:30 a.m. and will return at approximately 6:30 p.m. Reservation deadline: August 26th.

BIG CREEK COUNTRY MUSIC SHOW - SATURDAY, SEPTEMBER 26 - Located in Pleasant Hill, Missouri. Since opening in 1982, thousands of folks have been thoroughly entertained by some of the finest country musicians and comedians in the business. You will enjoy dinner before the show at Jumpin' Catfish in Lee's Summit. Cost: \$53.00 includes transportation, dinner and show. Bus departs at 5:00 p.m. and will return at approximately 11:30 p.m. Reservation deadline: August 28th.

ON-LINE REGISTRATION

On-line Registration is now available for day trips and activities! Register any time day or night. It's easy! **Go to www.activityreg.com and click on Missouri then Gladstone Parks & Recreation.** You will still call or come in for extended trip registration. If you have existing credits, you must call or come in to use them.

KANSAS CITY WINE - TUESDAY, SEPTEMBER 29 - First you will visit Amigoni Urban Winery located in the historic Daily Drover Telegram Newspaper building in the West Bottoms. They call themselves an "urban winery" because they specialize in small lots of hand-crafted wines made in the city, with grapes harvested from their vineyards in Centerview, MO. You'll taste five featured wines and see the Barrel Room. Next, you'll enjoy a delicious lunch at Cooper's Hawk Winery & Restaurant on the Country Club Plaza. While here you will get to taste several different wines and visit the gift shop. Cost: \$55.00 includes transportation, wine tastings and lunch. Bus depart at 10:30 a.m. and will return at approximately 2:30 p.m. Reservation deadline: September 11th.

ATKIN'S-JOHNSON FARM & MUSEUM TOUR - WEDNESDAY, SEPTEMBER 30 - Meet us at Atkins-Johnson Farm and Museum to see the original farmhouse, heirloom vegetable garden, apple orchard and bee hives. The farmhouse museum highlights the property's original log cabin encased in its walls and traveling exhibits on 19th century history and Missouri farm life. Cost: \$5.00 includes the tour and refreshments. Tour time: 1:00-3:00 p.m. Atkin's-Johnson Farm & Museum is located at 66th & Antioch Rd, across from White Chapel Funeral Home. Reservation deadline: September 18th.

CHESTNUT FINE ARTS "PUMP BOYS & DINETTES - SATURDAY, OCTOBER 3 - Come on in and let Pump Boys and Dinettes melt your troubles away! The "Pump Boys" sell high octane on Highway 57, and the sassy "Dinettes" run the Double Cupp diner next door. Between changing tires and baking pies, they perform a rousing mix of country western, rock n' roll and blues on their guitars, piano, bass and yes, kitchen utensils! It's a charming tale of friendship, romance and life's simple pleasures. You will enjoy dinner after the show at Cinzetti's Italian Market Restaurant. Cost: \$59.00 includes transportation, show and dinner. Bus departs at 1:45 p.m. and will return at approximately 8:00 p.m. Reservation deadline: September 3rd.

CONCEPTION ABBEY & CLYDE MONESTARY - TUESDAY, OCTOBER 6 - Conception Abbey, located in Conception, Missouri, is a monastery of the Swiss-American Congregation of the Benedictine Confederation. The monastery was founded in 1873 and the Abbey church, the Basilica of the Immaculate Conception was dedicated in 1891. At present, the community numbers around sixty monks. In 1999 Conception Abbey completed a \$9 million Basilica renewal project that spanned two decades and resulted in the Basilica you will see today. You will have lunch and tour the Abbey. You will also visit Clyde Monastery, founded in 1874 by a group of five sisters sent to help the monks to minister to the German immigrant population. They founded the Benedictine Convent of Perpetual Adoration. You will hear about the history of the Monastery and visit the chapels. Cost: \$65.00 includes motor coach transportation, tours and lunch. Motor coach departs at 8:45 a.m. and will return at approximately 6:00 p.m. Reservation deadline: September 4th.

QUALITY HILL PLAYHOUSE "TIN PAN ALLEY" - THURSDAY, OCTOBER 8 - Celebrate Tin Pan Alley, as it was known, where songwriters such as Irving Berlin, George and Ira Gershwin, Harold Arlen, Hoagy Carmichael and scores of others crafted classic songs that became the heart of the Great American Songbook. You will enjoy lunch before the show at The Zebra Room in the Aladdin Hotel. Cost: \$58.00 includes transportation, lunch and show. Bus departs at 10:45 a.m. and will return at approximately 4:00 p.m. Reservation deadline: September 9th.

CHICKIN'-N-PICKIN' - SATURDAY, OCTOBER 10 - This fun dinner theatre is located in a renovated dairy farm in Walnut, Kansas. You'll enjoy a Pan-fried Chicken dinner with all the fixins, plus two hours of live country music and comedy. Cost: \$99.00 includes motor coach transportation, lunch and show. Motor coach departs at 9:00 a.m. and will return at approximately 6:00 p.m. Reservation deadline: September 10th.

KANSAS BELLE DINNER TRAIN - SUNDAY, OCTOBER 11 - Take a nostalgic trip back to the 1940's with big Band era music playing in the background, tables set in a grand fashion and waiters/waitresses dressed the part! The Kansas Belle Dinner Train was the Fremont Dinner Train in Fremont, NE for the past 24 years, operating on the Fremont and Elkhorn Valley Railroad. The train was moved to the Midland Railway's tracks in late 2012. You'll experience beautiful scenery on a 22 mile round trip departing from the Baldwin City Depot. A delicious meal will be served while on board. Cost: \$75.00 includes transportation and dinner train. Bus departs at 12:00 p.m. and return at approximately 5:30 p.m. Deadline: September 11th.

LUNCH OUT AT CALIFORNOS - TUESDAY, OCTOBER 13 - This popular restaurant is located in Westport. Everyone will find something they like on the menu, and it sits right next to a popular ice cream store, Murray's Ice Cream & Cookies. The bus will not be able to pull up to the restaurant. Expect to do a little walking here. Cost: \$8.00 includes transportation. Bus departs at 10:30 a.m. and will return at approximately 1:30 p.m. Reservation deadline: October 2nd.

THE NEW THEATRE "YOU CAN'T TAKE IT WITH YOU" - WEDNESDAY, OCTOBER 14, WEDNESDAY, NOVEMBER 13 OR SATURDAY, NOVEMBER 28 - This show will star William Christopher of M*A*S*H fame. In this Pulitzer Prize-winning comedy, sweet natured Alice wants to marry Tony, the banker's son and invites his parents to dinner to give their blessing to the marriage. But when Tony's snooty, high-class parents meet Alice's peculiar extended family, including her grandfather the philosopher, her nutty ballerina sister and the fireworks enthusiast Mr. De Pinna, things become hilariously explosive. Cost: \$45.00 includes transportation and dinner theatre. Bus departs at 11:00 a.m. and will return at approximately 4:30 p.m. Reservation deadlines: September 15th, October 20th and October 30th.

ST. JO FRONTIER CASINO - TUESDAY, OCTOBER 20 - You'll enjoy famous name slots and video poker machines plus many table games. Lunch is free for our group in the buffet. Cost: \$12.00 includes transportation. Bus departs at 8:45 a.m. and will return at approximately 3:30 p.m. Reservation deadline: October 9th.

PRECIOUS MOMENTS CHAPEL - FRIDAY, OCTOBER 23 - The Precious Moments Chapel in Carthage, MO is the creation of artist Samuel J. Butcher, creator of the Precious Moments figurines. The Chapel has often been described as "America's Sistine Chapel" as an artful representation of Michelangelo's own Sistine Chapel in Rome. Serving as one of Missouri's most beautiful attractions, the Chapel grounds include a Visitor Center, Gift Shoppe, Royal Delights Cafe and beautifully manicured gardens adorned with bronze statues and fountains. You will also enjoy a tour and lunch at the historic Phelps House in Carthage. The home serves as a wonderful example of late nineteenth century style. You'll also enjoy a stop at the Osage Pecan Store in Butler where you can sample lots of nuts and other snacks. Cost: \$90.00 includes motor coach transportation, tours and lunch. Motor coach departs at 8:00 a.m. and will return at approximately 6:30 p.m. Deadline: September 24th.

The Lunch Bunch

Join me (Paige) at a different restaurant each month just to get acquainted (or reacquainted), meet new people, see old friends and just enjoy some camaraderie and great food. We will meet at 11:15 a.m. at the following Restaurants:

Wednesday, August 19 - Olive Garden - Barry Road
Friday, September 25 - Stroud's Restaurant

Everyone pays individually. **Please RSVP (423-4086)**

OVERNIGHT & EXTENDED TOURS

*All itineraries for the extended tours are available
online at gladstone.mo.us*

FALL COLOR & SOUTHERN MANSIONS - OCTOBER 15-21, 2015

Tour some of the South's grand historic mansions on this exciting tour. Belle Meade Plantation was once one of the largest private estates in Nashville encompassing 5,400 acres and home to five generations of the Harding-Jackson family. The Hermitage was the plantation home of Andrew Jackson, seventh president of the United States, from 1804 until his death in 1845. Each of The Hermitage mansion rooms tell centuries of stories. While in Nashville, you'll also enjoy the Grand Ole Opry and the General Jackson Showboat. In Asheville, North Carolina, you'll visit America's largest home built by George Vanderbilt, the Biltmore Estate. Completed in 1895, George Vanderbilt's 250-room chateau is as impressive today as it was more than a century ago. Other highlights include a day in the Blue Ridge Mountains during the height of fall foliage, a visit to Dollywood and the Dixie Stampede and a ride on the Aerial Tramway in Gatlinburg for stunning views of the Great Smoky Mountains. *Cost: \$1529.00 includes motor coach transportation, hotel accommodations, tours, 11 meals and driver's gratuity. Single occupancy add \$500. A \$100.00 deposit will hold space with final payment due September 4th.*

BRANSON COUNTRY CHRISTMAS - NOVEMBER 12-14, 2015

Join us for our annual trip to Branson during the Christmas season. You will see five shows including The Acrobats of China, The Oak Ridge Boys, Presley's Country Jubilee, Shoji Tabuchi, and a lunch show on the Showboat Branson Belle. You will also enjoy lunch at Lambert's Café. *Cost: \$535.00 includes motor coach transportation, hotel accommodations, 5 shows, 4 meals and driver gratuity. Single occupancy add \$94. A \$50.00 deposit is required to hold space no later than August 26th, with final payment due October 2nd.*

7-NIGHT SOUTHERN CARIBBEAN CRUISE - JANUARY 31, 2016

Enjoy a cruise on Royal Caribbean's *Jewel of the Seas*. Sail from San Juan, Puerto Rico to Charlotte Amalie, St. Thomas, Basse-terre, St. Kitts, Oranjestad, Aruba and Willemstad, Curacao. The most exotic islands await you in the southern Caribbean. Experience the many cultures that make up these exotic islands with the cruise line that does it best. *Cabin prices start at \$2039.00 and includes round trip air, all port charges, taxes, custom fees, shipboard gratuities, premium drink package, trip insurance and airport transfers from/to Gladstone's Central Park. Call for a brochure. Cabin space is very limited and selling out fast!*

COLONIAL CITIES OF CUBA - MARCH 10-19, 2016 - Join us for a trip presentation on Thursday, August 11th at 6:00 p.m. at Gladstone City Hall.

Traveling to Cuba is now legal—and easier than you may ever have imagined. This Cuba tour is much more than a vacation. It's an immersive people-to-people exchange with abundant chances to meet and interact with the real Cubans. In the company of expert local guides, you'll meet and engage with a remarkable cross-section of the society: school students, cigar-makers and policy-makers, naturalists and artists, farmers, historians and more. On the streets of Havana, in a mountainous eco-village, at the home of Ernest Hemingway or in the fields of a peasant farm, every moment is a revelation—and a truly meaningful opportunity to absorb and grasp the island's rich culture. Featured cities on your tour includes Havana, Camaguey, Trinidad & Cienfuegos. *Cost: \$5279.00 includes air, hotels, tour guides, Cuban Travel Visa, Cuban health insurance, tours and 19 meals. Single occupancy add \$700. A \$780.00 deposit is due to hold space with final payment due on December 26th. Sign up before October 31st and save \$100.00 per person. Space is limited!*

SOUNDS ON THE SQUARE

Visit www.lindensquare.info for all the details on events and activities taking place at Linden Square this summer.

TEXAS TRIANGLE - APRIL 28 - MAY 5, 2016 - Visit four of Texas' most exciting cities on this tour to the Lone Star State. Dallas: Enjoy a city tour featuring Fair-Park, JFK Memorial, World Trade Center, Sixth Floor Museum at Dealy Plaza, Fort Worth Stockyards National Historic District and the George Bush Presidential Library & Museum. Houston: Enjoy a city tour featuring Rice University, Williams Tower, Reliant Stadium, and the Johnson Space Center, home to the US astronaut corps and training center for US and international astronauts. Austin: Enjoy a city tour featuring the Governor's Mansion, the University of Texas and the State Capitol. You will also visit the Bullock Texas State History Museum. San Antonio: Enjoy a city tour featuring the San Jose Mission, El Mercado Market Place, the Alamo and take a Riverwalk Cruise. You will also visit the Hill Country of Texas and visit the LBJ Ranch and Fredericksburg. *Cost: \$2499.00 includes air, hotels, tours, cancellation insurance and 11 meals. Single occupancy add \$725. A \$300.00 deposit is required to hold space no later than October 28th with final payment due on February 4th. Sign up before January 31st and save \$100.00 per person.*

THE BEST OF SPAIN - MAY 6-15, 2016 - Join us for a trip presentation on Thursday, August 20th at 2:00 p.m. at Gladstone City Hall.

Stay two nights in Madrid, and enjoy a welcome dinner and guided sightseeing featuring a visit to the palatial Prado Museum. Via Cordoba and an included guided visit to the Mosque of the Caliphs, arrive in vibrant, festive Seville, capital of Andalusia. Here, visits to the magnificent Plaza de Espana, the Alcazar, and the Santa Cruz quarter are included. In Granada, enjoy a guided walking tour with visits to the Alhambra complex and the Water Gardens of the Generalife. Next is Valencia, once a royal capital where Roman, Moorish, and Spanish history comes alive during your guided walking tour. Here, sample a traditional Horchata drink, and enjoy a special paella dinner with wine at a local restaurant. End in Barcelona and marvel at Gaudi's masterpiece, the Sagrada Familia Basilica, visit the gothic quarter, and enjoy a Sangria and a special farewell dinner with wine at La Fonda del Port Olimpic restaurant. *Cost: \$3899.00 includes air, hotels, tours, cancellation insurance and 12 meals. Single occupancy add \$495. A \$439.00 deposit is due no later than January 8th to hold space with final payment due on February 19th. Sign up before September 15th and save \$184.00 per person!*

CANADIAN ROCKIES & GLACIER NATIONAL PARK - JULY 29 - AUGUST 4, 2016 - Join us for a trip presentation on Tuesday, September 15th at 2:00 p.m. at the Gladstone Community Center.

Icefields, rushing streams, lovely waterfalls, glacial peaks and towering summits are just a few of the scenic wonders awaiting you in the Canadian Rockies and Glacier National Park. Ride aboard a Jammer (open-air touring car) during your visit to Glacier National Park and spend two nights at the Prince of Wales hotel. Journey along the unforgettable Icefields Parkway. Stop at Columbia Icefield and choose a ride across this mass of glacier ice or take a walk on the Glacier Skywalk. A three-night stay at the iconic Fairmont Banff Springs hotel lets you explore Bow Falls and the Hoodoos (the "Land of the Sleeping Giants"). *Cost: \$3500.00 includes air, hotels, tours, nine meals and cancellation insurance. Single occupancy add \$700. A \$455.00 deposit is due no later than January 23rd to hold space with final payment due on May 14th. Sign up before January 23rd and save \$50.00 per person!*

AUSTRALIA & NEW ZEALAND - OCTOBER 25--NOVEMBER 10, 2016 - Join us for a trip presentation on Tuesday, October 13th at 6:00 p.m. at the Gladstone Community Center.

Highlights of this 17-day tour include Cairns, a Catamaran Cruise to the Great Barrier Reef, a city tour of Sydney, a Sydney Harbor dinner cruise, a visit to the Sydney Opera House, Sydney Wildlife World featuring a Koala sanctuary, Canberra and Melbourne. At Phillip Island you'll see the world's largest colony of Little Penguins. Highlights in New Zealand include Queenstown and Christchurch and a lunch cruise on the spectacular fjord of Milford Sound. While in Rotorua you will visit Whakarewarewa Thermal Reserve and Maori Village plus Rainbow Springs Nature Park to see Kiwi. *Cost: \$7,899.00 includes air, accommodations, tours, 29 meals, cancellation insurance and gratuities. Single occupancy add \$1350. A \$850.00 deposit is due as soon as possible to hold space with final payment due on August 4th. Sign up before May 31st and save \$200.00 per person!*

SENIOR LEARNING NETWORK

Join us for this exciting new program at the Gladstone Community Center. Special presentations are offered monthly through a video chat technology format via the internet. Once a specific topic is given "live", the audience will have an opportunity to interactively engage with the presenter. They can see you and you them! Programs last about 45 minutes.

A HOUSE DIVIDED: CIVIL WAR

PRESENTED BY: SMITHSONIAN AMERICAN ART MUSEUM

THURSDAY, AUGUST 13 - 10:30 A.M.

The advent of photography changed Americans' outlook on the war, while Reconstruction-era paintings and sculpture give us insight into the nation after the war. The presenter will guide you on a tour of artworks in the Smithsonian American Art Museum collection.

Summer Sizzler "White Elephant" Bingo!

Ice Cream Sundae Bar

Thursday, August 6th

2:00 - 3:30 p.m.

Gladstone Community Center

\$5.00 for cards & Ice Cream

(3 cards each)

Reservation deadline: July 31st

Bring a "White Elephant" prize in a gift bag, or wrap it up! We'll play until all the prizes are gone.

GLADSTONE COMMUNITY CENTER

Gladstone Community Center—Walking Club Punch Pass Program— Walk Monday-Friday between 8 a.m. and 2 p.m. Punch Pass costs \$12.00 for 12 punches. The Clay County Senior Services Subsidy program can be used toward punch card. Buy your pass at the Gladstone Community Center.

Silver Sneakers at Gladstone Community Center

Gladstone Community Center offers the signature SilverSneakers® Muscular Strength & Range of movement plus additional signature SilverSneakers classes, such as Water Arthritis Classes.

Pickleball - Wednesdays and Fridays from 9:00 a.m. to 2:00 p.m. Community Center member are free. Non-members are \$2.00. This is a fun game that anyone can play! Come check it out!

LINE DANCING

No partner needed! You will enjoy easy, fun-to-learn and fun-to-do dances. Line Dance is loved by all. When people start dancing, laughter bubbles, hearts are joyful and smiles are found all around. Line dancing is doubly rewarding, offering a chance for social interaction and gentle exercise.

Session 1

Gladstone Community Center

Mondays, August 10-31

1:00 - 1:45 p.m.

Cost: \$16.00

Registration deadline: August 5th

Session 2

Gladstone Community Center

Mondays, October 5-26

1:00 - 1:45 p.m.

Cost: \$16.00

Registration deadline: September 25th

FREEZER MEAL CLASS

Gladstone Community Center

Wednesday, September 23

2:00 p.m.

Stock your freezer with ready-to-cook meals that will make dinner time a breeze! Gladstone Hy-Vee dietitian, Megan, will do all the shopping and pre-prep of ingredients. Tables will be assembled with recipe ingredients in the Gladstone Community Center and class participants will prepare five freezer ready meals that will serve 4-6 people. You may also package your meals individually which would equal about 20 meals! Meals that you will prepare are: Turkey Meatloaf, Baked Pesto Chicken Parmesan, Slow Cooker Moroccan Beef & Sweet Potato Stew, White Bean Chili and Chicken Taco Soup. Re-heating instructions along with original recipes will be provided at class date. Cost: \$70.00. This class is limited to 15 people. Registration deadline: September 11th.

SUMMER BOOK CLUB

Join Luaun Gavin for the final "Old Wives" Book and the start of the Autumn Book Club. There will be a meeting at the end of each month for some fun and engaging discussion about each book. The Antioch Public Library has some copies of each book in hard copy, e-books and audio. *At the Library, tell them you need a book for the Gladstone Parks & Recreation book club.* If they are out of books, they can also be purchased at local book stores or Walmart or Target. There is a \$5.00 Book Club fee per month to cover refreshments and room fees. Please register prior to the start of each month.

AUGUST

The Aviator's Wife By Melanie Benjamin

Fresh off his 1927 solo flight across the Atlantic, Charles Lindbergh meets the shy Anne Morrow, daughter of the US ambassador to Mexico. Charles sees in Anne a kindred spirit and fellow adventurer. The two marry changing Anne's world forever. Through Anne's narration, experience the highs and devastating lows of this complicated marriage, spanning the late 1920's through the mid-sixties. *Discussion meeting: Tuesday, August 25th at 9:30 a.m. Gladstone Community Center.*

AUTUMN BOOK CLUB

This Autumn, *fall* in love with two great books:

SEPTEMBER

The Orphan Train by Christina Baker Kline

This is a story about two courageous women with a need for family, belonging and acceptance. The first is Vivian, an Irish immigrant who traveled west aboard an orphan train. The second is seventeen year old Molly, who must do community service to stay out of juvenile hall. The author weaves together a beautiful story moving from contemporary Maine and Depression-era Minnesota. *Discussion meeting: Monday, October 5th at 9:30 a.m. Gladstone Community Center.*

OCTOBER

Sarah's Key by Tatiana De Rosnay

Ten year old Sarah and her parents are taken away by French police in July of 1942 along with other Jewish families. Sixty years later, Sarah's story intertwines with that of Julia Jarmond, an American journalist investigating the roundup. In her research Julia stumbles on an emotional trail of secrets that link her to Sarah. *Discussion meeting: Wednesday, November 4th at 9:30 a.m. Gladstone Community Center.*

August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Duplicate Bridge 9:00 a.m. Community Center Pinochle and Hand & Foot 12:30	4 Bridge and Games of Choice 12:30 p.m. Community Center	5 The New Theatre - depart at 11:00 a.m. \$1-\$2 Bingo - Pizza Street 11:30 a.m.	6 Summer Sizzler Bingo - Gladstone Community Center 2-3:30 p.m.	7	8 WWII at Truman Library - depart at 10:00 a.m.
9	10 Duplicate Bridge 9:00 a.m. Community Center Pinochle and Hand & Foot 12:30	11 Cuba Presentation - 6:00 City Hall Cancer Action Workshop 9:00 a.m. Bridge and Games of Choice 12:30 p.m.	12 Lunch Out at The Bristol - depart at 10:30 a.m. \$1-\$2 Bingo Perkins N. Oak 11:30 a.m.	13	14	15 Chestnut Fine Arts - depart at 1:45 p.m.
16	17 Duplicate Bridge 9:00 a.m. Community Center Pinochle and Hand	18 St. Jo Casino - depart at 8:45 a.m. Bridge and Games of Choice 12:30 p.m. Community Center	19 Lunch Bunch - Olive Garden 11:15 a.m. \$1-\$2 Bingo Captain D's 11:30 a.m	20 Spain Presentation - 2:00 p.m. Gladstone City Hall	21	22 Musical Theatre Heritage - depart at 12:00 p.m.
23	24 Gladstone Seniors Meeting 10:30 Community Center Duplicate Bridge 9:00 a.m. Pinochle and Hand & Foot 12:30	25 Book Club - 9:30 Community Center Cancer Action Workshop 9:00 a.m. Bridge and Games of	26 Ethnic Kansas City - depart at 10:00 a.m. \$1-\$2 Bingo Olive Garden 11:30 a.m.	27	28	29
30	31 Duplicate Bridge 9:00 a.m. Community Center Pinochle and Hand & Foot 12:30					

September 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Bridge and Games of Choice 12:30 p.m. Community Center	2 The New Theatre - depart at 11:00 a.m. \$1-\$2 Bingo - Pizza Street 11:30 a.m.	3	4 Mystery Dinner Train - depart at 6:00 p.m.	5
6	7 Duplicate Bridge 9:00 a.m. Community Center Pinochle and Hand & Foot 12:30	8 Cancer Action Workshop 9:00 a.m. Community Center Bridge and Games of Choice 12:30 p.m.	9 \$1-\$2 Bingo Perkins N. Oak 11:30 a.m.	10 Quality Hill Playhouse - depart at 10:45 a.m.	11	12 Arrow Rock - depart at 9:30 a.m.
13	14 Duplicate Bridge 9:00 a.m. Community Center Pinochle and Hand & Foot 12:30	15 Canadian Rockies trip presentation - 2:00 p.m. Community Center Bridge and Games of Choice 12:30 p.m.	16 John Wayne & The Bridges - depart at 7:30 a.m. \$1-\$2 Bingo Captain D's 11:30 a.m	17 Lunch Out at Ophelia's - depart at 10:30 a.m.	18	19 The New Theatre - depart at 11:00 a.m.
20	21 Duplicate Bridge 9:00 a.m. Community Center Pinochle and Hand & Foot 12:30	22 Cancer Action Workshop 9:00 a.m. Community Center Bridge and Games of Choice 12:30 p.m.	23 Freezer Cooking Class - 2:00 p.m. Community Center \$1-\$2 Bingo Olive Garden 11:30 a.m.	24 Warm Springs Ranch - depart at 7:30 a.m.	25 Lunch Bunch - Stouds 11:15 a.m.	26 Big Creek Country Show - depart at 5:00 p.m.
27	28 Gladstone Seniors Meeting 10:30 Community Center Duplicate Bridge 9:00 a.m. Pinochle and Hand & Foot 12:30	29 Kansas City Wine - depart at 10:30 a.m. Bridge and Games of Choice 12:30 p.m.	30 Atkins-Johnson Farm - 1:00 p.m. \$1-\$2 Bingo - Pizza Street 11:30 a.m.			

City of Gladstone
50+ Newsletter
7010 N Holmes
Gladstone, MO 64118

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REGISTRATION

All programs must be paid at the time of registration unless otherwise noted.

By Phone (816) 423-4091 or (816) 423-4086 with Visa, MasterCard Or Discover.

By Mail make checks to Gladstone Parks & Recreation, 7010 N Holmes, Gladstone, MO 64118.

In person at Gladstone City Hall or the Gladstone Community Center.

On-line Registration Go to www.activityreg.com and click on Missouri then Gladstone Parks & Recreation. You will still call or come in for extended trip registration.

Cancellation Policy: A full refund will be issued in the event of a trip cancellation due to insufficient enrollment. Refunds or future trip credits are available up to the registration deadline. After registration deadline, a refund or future trip credit will be issued only if the participant can be replaced. If a refund check is required, a \$5 processing fee will be deducted.

50+ ACTIVITIES

These activities are held at the Gladstone Community Center, 6901 N. Holmes

Gladstone Seniors: Fourth Monday of each month, 10:30 a.m. business meeting followed by entertainment and potluck luncheon.

Cancer Action Workshop: 2nd & 4th Tuesdays of each month, 9:00 a.m. - Noon - *Volunteers are needed!*

Pinochle Club: Mondays at 12:30 p.m. (no partner needed)

Bridge: Tuesdays at 12:30 p.m. (no partner needed)

Gladstone Duplicate Bridge Club: Mondays at 9:00 a.m. - 12:30 p.m.

Hand & Foot: Mondays at 12:30 p.m.

Card Games of Choice: Tuesdays at 12:30 p.m.

\$1.00-\$2.00 White Elephant Bingo: Wednesdays - meet at a different restaurant each week to enjoy lunch and BINGO! Check the calendar inside for upcoming dates and locations.
