

Spring 2016 Men's Adult Flag Football League



Gladstone Parks & Recreation



City of Gladstone • 6901 N. Holmes • Gladstone, MO 64118
(816) 423-4200
www.gladstone.mo.us

Find us on 

Adult Flag Football League

The Men's Adult Flag Football program is sponsored by Gladstone Parks & Recreation Department. Competitive and Intermediate leagues are offered.

Competitive Division: Designed for established teams that have been playing together for a period of time.

Intermediate Division: Designed for new teams, or existing teams who are looking for a less competitive atmosphere.

Rules: Games are governed by the National Intramural and Recreational Sports Association Rules, which are most commonly used in college intramural flag football leagues.

This is a true flag football league. No contact will be permitted. Screen blocking is the only legal fashion in which a player may slow down their opponent. Occasional or incidental contact will occur, but will not be tolerated if it becomes obviously intentional.

Seven individuals will play at one time. Free substitutions can take place any time during the game.

A team consists of 14 rostered players. Teams will be responsible for completing a team roster form prior to playing in their first game. As part of their entry fee, teams will receive 12 numbered T-Shirts which must be worn during league games.

Games: Saturday mornings beginning March 19th, 2016. Each game consists of two (2) twenty minute halves and a five (5) minute halftime. Game times: 9:00, 10:15, 11:30, 12:45.

Location: Happy Rock Park (East Side), 76th & N. Antioch Road, Gladstone, MO.

Fee: \$450.00 per team. This includes 7 games, 12 numbered T-Shirts, all playing equipment and officiating crew.

Registration Dates: Monday, January 25th to Friday, March 11th, or until leagues are full. Complete the application form and return it with full payment to:

Gladstone Parks & Recreation Department
Attn: Adult Flag Football
6901 N. Holmes
Gladstone, MO 64118

Telephone registration will not be accepted. On-line registration is available at <http://www.activityreg.com/selectivity.wcs>.

Managers Meeting: A mandatory rules meeting will be held on **Tuesday, March 15th at 6:00 p.m.** at Gladstone Community Center (6901 N. Holmes). At that time schedules and shirts will be distributed and rules discussed.

For more information about the league contact Russ Collins at (816) 423-4085.

Adult Flag Football - \$450

Team Name: _____

Team Manager: _____

Address: _____

City/State/ZIP: _____

Cell #: _____ **Work #:** _____

Email Address: _____

Second Contact Information

Name: _____

Cell #: _____ **Work #:** _____

Please check your league choice: Men's Competitive - \$450.00

Men's Intermediate- \$450.00

The undersigned in consideration of participation in this program, agrees to indemnify and hold harmless and release the City of Gladstone, it's agents and employees, from any injury which may be suffered by the above named individual (s) registered in this program arising out of or in any way connected with participation in this program. I have read the above application and fully understand that I assume all risks for any injuries received.

Signature: _____

Payment: MasterCard Visa Discover Cash Check Money Order

Card Number: _____ **Expiration Date** _____

Return this form to: Gladstone Parks & Recreation Department
Attn: Adult Flag Football
6901 N. Holmes
Gladstone, MO 64118

Please make checks payable to City of Gladstone.