League Details

<u>Games:</u> Saturday mornings beginning March 18, 2017. Each game consists of two (2) twenty minute halves and a five (5) minute halftime. Game times: 9:00, 10:15, 11: 30, 12:45.

<u>Location:</u> Happy Rock Park (East Side), 76th & N. Antioch Road, Gladstone, MO.

<u>Fee:</u> \$450.00 per team. This includes 7 games, 12 numbered T-Shirts, all playing equipment and officiating crew.

Registration Dates: Monday, Jan. 23 — Friday, Feb. 24, or until leagues are full. Complete the application form and return it with full payment to:

Gladstone Parks & Recreation Department Attn: Adult Flag Football 6901 N. Holmes Gladstone, MO 64118

Telephone registration will not be accepted. On-line registration is available at http://www.activityreg.com/selectivity.wcs.

Managers Meeting: A mandatory rules meeting will be held on Friday, March 10 at 6:00 p.m. at Gladstone Community Center (6901 N. Holmes). At that time schedules and shirts will be distributed and rules discussed.

For more information about the league contact Russ Collins at (816) 423-4085.



6901 N. Holmes Gladstone, MO 64118 (816) 423-4200 www.gladstone.mo.us

Spring 2017 Men's Adult Flag Football



Gladstone Parks & Recreation





(816) 423-4200

www.gladstone.mo.us

Spring 2017 Men's Adult Flag Football

The Men's Adult Flag Football program is sponsored by Gladstone Parks & Recreation Department.

Competitive and Intermediate leagues are offered.

<u>Competitive Division:</u> Designed for established teams that have been playing together for a period of time.

<u>Intermediate Division:</u> Designed for new teams, or existing teams who are looking for a less competitive atmosphere.

<u>Rules:</u> Games are governed by the National Intramural and Recreational Sports Association Rules, which are most commonly used in college intramural flag football leagues.

- This is a true flag football league. No contact will be permitted. Screen blocking is the only legal fashion in which a player may slow down their opponent. Occassional or incidental contact will occur, but will not be tolerated if it becomes obviously intentional.
- Seven individuals will play at one time. Free substitutions can take place any time during the game.
- A team consists of 14 rostered players. Teams will be responsible for completing a team roster form prior to playing in their first game. As part of their entry fee, teams will receive 12 numbered T-Shirts which must be worn during league games.

Adult Flag Football Registration Form- \$450

| Team Name: | | |
|--|--|---|
| | | _ |
| Address: | | _ |
| City/State/ZIP: | | - |
| Cell #: | Work #: | - |
| Email Address: | | |
| Second Contact Information | | |
| Name: | | |
| Cell #: | Work #: | - |
| Please check your league choice: | ☐ Men's Competitve - \$450.00 | |
| | ☐ Men's Intermediate- \$450.00 | |
| release the City of Gladstone, it's agen individual (s) registered in this progra | participation in this program, agrees to in ts and employees, from any injury which ma m arising out of or in any way connected wi ully understand that I assume all risks for ar | y be suffered by the above named th participation in this program. I |
| Signature: | | - |
| Payment: ☐MasterCard ☐Visa ☐Dis | over Cash Check Money Order | |
| Card Number: | Expiration Date | |
| Return this form to: Gladstone Parks Attn: Adult 6901 N. Hol Gladstone, I | lag Football nes | |

Please make checks payable to City of Gladstone.