

YOUTH VOLLEYBALL LEAGUE
SPONSORED BY THE
CITY OF GLADSTONE

Divisions: 4th – 5th and 6th – 8th

Philosophy Statement:

As a part of the City of Gladstone's Recreation Division, this youth sports program has been designed with the best interest of the participants in mind. The purpose of this program is to provide an enjoyable learning experience for each child and enhance their emotional, physical, social, and educational well-being. Good sportsmanship, learning basic fundamentals, and having fun are the building blocks of this program.

Rules

All rules and regulations shall coincide with current "National Federation of State High School Associations" rules, except where otherwise specified.

Court / Equipment

1. The playing court will be 60' long and 30' wide.
2. 4th – 5th grade will serve from the 23' service area with a 7' net height.
3. 6th – 8th grade will serve from the 25' service area with a 7'4" net height.

Uniform / Jewelry

1. All players will be provided with a team shirt and all players must wear their shirts **tucked in** during games.
2. Tennis shoes must be worn during all games and practices.
3. Players shall **NOT** wear any jewelry (this includes stud earrings). No taping the ears will be allowed. **EXCEPTION:** Religious or medical alert medals may be worn.
4. Hair devices may be worn only if made of soft material.
5. Knee pads are highly recommended.

Game / Match

1. Each match shall consist of 3 games/sets.
2. All 3 games/sets will be played using rally scoring.
3. First two games will be played to **25 points** with at least a 2 point lead (27 point cap).
4. Third game will be played to **15 points** with at least a 2 point lead. (17 point cap).

Time

1. Each team is allowed one (1) 30 second time-out per game/set, if needed.
2. There will be 2 minutes between games/sets.
3. Referee time-outs will be used for injuries.

Scorekeeper / Line Judge

1. Each team will provide a line judge and a scorekeeper for each match who must be 16 years old or older.
2. The Home team will be listed first on the schedule and the Visitors will be listed second.
3. The Home team will serve first in the first and third games/sets, and the Visitors will serve first the second game/set.

Referee

1. The referee has jurisdiction from game time until completion of that match. The referee's decisions are final.
2. **When in serve receive, the first hit must be a pass or bump. Players can't attack the serve (overhand hit = attack).**
3. There will be NO PROTESTS allowed in this league.

Number of Players

A regulation team will consist of 6 players on the floor. A team may start and play with 5 players throughout the first game/set of the match.

Forfeits

If the 6th player hasn't arrived before the start of the 2nd game/set, than the remaining match will be a forfeit. If notified to the recreation department before that you will only have 5 players, we may let you play an entire match with 5 players. You can still play, but it won't be played with an official, if a forfeit is declared.

Player Participation

Rotation before service: The receiving team will rotate one position, clockwise, before their first service. Player subbing in will always sub in to the middle back position to start.

4th – 5th Grade Division:

Teams will sub every time when they receive a side out. Players will sub into the middle back position, rotate clockwise, and then sub out of the serving position. The players will rotate in a set in the order established at the beginning of the match.

6th – 8th Grade Division:

Every player on the team must play at least one full rotation in 2 out of the 3 games/sets.

Both Divisions:

The referee or coach has the right to remove a player from the game if, in their opinion, a player is not showing good sportsmanship.

KEEP IN MIND THAT THIS IS A YOUTH VOLLEYBALL LEAGUE. WE, THE LEAGUE SUPERVISORS, WANT TO STRESS THE IMPORTANCE OF TEACHING YOUTH GAME FUNDAMENTALS, RULES, TEAM WORK, AND GOOD SPORTSMANSHIP. PLEASE, SET A GOOD EXAMPLE FOR YOUR PLAYERS.

Sign up for text alerts at www.gladstone.mo.us/recreation and click on the icon that says "Sign up for text alerts."