



# Frequently Asked Questions



## **How old are Gators swimmers?**

*Anyone from 6 to 18 years old is welcome to join.*

## **How well do you have to be able to swim?**

*Participants need to be able to swim 25 meters on front and back.*

## **Will my child be able to participate if they don't have swim team experience?**

*Yes, this is a developmental team so participants will be taught the necessary skills to compete.*

## **How early are practices?**

*Participants 11-18 years old will practice from 6:30am – 7:30am, and participants 6-10 years old will practice from 7:45am – 8:45am.*

## **What strokes will participants learn and compete in?**

*Freestyle, Backstroke, Breaststroke, and Butterfly.*

## **What do participants need to bring to practice?**

*A swimsuit is required. Goggles and a towel are recommended.*

## **What type of swimsuit is appropriate for boys?**

*While not required, a jammer is recommended over trunks.*

## **What type of swimsuit is appropriate for girls?**

*While not required, a one piece is recommended over a two piece.*

## **What is expected of parents during practice?**

*Parents are not required to stay during practice, but are welcome to sit in the concessions area or pool deck. Usually at the end of practice the coaches will make announcements and be available to answer questions.*

## **Where can I park for practice?**

*In the Gladstone Community Center parking lot or on Holmes across from City Hall, but NOT on Kirk Davis Drive (the street between the Community Center and Outdoor Pool.)*

## **What is expected of parents during swim meets?**

*Parents are strongly encouraged to volunteer for various tasks during swim meets.*

## **What types of meet tasks can parents volunteer for?**

*Lane Timer, Runner, Award Labeler, Clerk of the Course, Place (Finishing) Judge, Starter/Announcer, Stroke Judge, Computer Operator, Hospitality, Meet Setup, and more.*

