

MCSA

LEAGUE HANDBOOK

For Coaches, Swimmers, Parents, and Volunteers

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Welcome & Introduction

A Letter from the League

Dear Swim Team Participants and Parents,

Welcome to the Metropolitan Community Swim Association (MCSA) Summer Swim League including the Liberty Storm, Riptide Swim Team, and Gladstone Gators swim teams.

The main goal of this program is to provide a Parks and Recreation sponsored swim team program, in which boys and girls are able to participate in an organized training program that exposes them to competition in an area-based municipal league. MCSA strives to provide a positive and friendly atmosphere emphasizing on the skills and stroke development of participants while exposing them to the sport of competition swimming.

The MCSA is a B-C Developmental League that is not intended to rival local USA Swim Club teams or other leagues, but rather to encourage the participation and development of swimmers in what can be described as a “recreational” league as opposed to a “competitive” league.

The sport of swimming depends on the involvement and support of parent volunteers to be successful. Parent volunteers will be needed at all swim meets and most volunteer positions do not require any swim experience. Other family members and friends are also welcome to volunteer.

This packet will answer many of the questions you probably have about the MCSA summer league including volunteer opportunities, stroke rules, swim meet organization and much more. Please do not hesitate to ask your team’s coaches or aquatics coordinator questions about the contents of this league handbook, should you have any.

MCSA SUMMER SWIM LEAGUE GENERAL CODE OF CONDUCT

The MCSA has established standards for appropriate conduct at all swimming events to assure equal opportunity for full enjoyment and use of facilities to all sports participants in a safe environment.

This code of conduct is to be followed by all participants, parents, spectators, coaches, volunteers, officials and staff personnel:

1. Good sporting behavior will be observed in all swim practices and swim meets. Respect for other swimmers, coaches, officials and spectators is essential for amateur competition.
2. Derogatory conduct, physical abuse, verbal abuse or unsporting conduct will not be tolerated. Department supervisors have the authority to eject and/or suspend individuals, expel teams, or cause forfeiture of swim meets.
3. Alcohol, controlled substances, and weapons are prohibited at all swim practices and swim meets.
4. Participants must be respectful of the property and possessions of others and will refrain from activities that may cause damage; participants are financially responsible for any damage caused.

MCSA SUMMER SWIM LEAGUE PARENT CODE OF CONDUCT

This code of conduct provides more specific guidelines for the parents of participants in the MCSA league to ensure a safe and positive environment.

1. I will encourage good sportsmanship by demonstrating positive support for *all* swimmers, coaches, and officials at *every* swim meet, practice or related league event by:
 - Gaining knowledge and understanding of, and supporting all applicable stroke rules, as well as all league rules, regulations and policies.
 - Abiding by and support the rules of the league as well as the spirit of the rules in place to create a positive participant experience.
 - Refraining from any form of harassment and allowing the coaches and officials to do their jobs, especially during league meets.
 - Demonstrating support for the league, the coaches, the officials, and the swimmers through appropriate enforcement of the rules.

2. I will place the emotional and physical well-being of my child ahead of my personal desire to win by:
 - Using appropriate language and appropriate tone when interacting with swimmers, league officials, coaches, parents, and spectators.
 - Refraining from the use of foul or abusive language.
 - Refraining from the use of threatening gestures and/or language.
 - Refraining from any form of physical violence or threats of physical violence.

3. I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all by:
 - Exhibiting gracious acceptance of defeat or victory.
 - Demonstrating positive support and reinforcement for all coaches, officials, swimmers and their opponents.
 - Actively participating in the league by volunteering at swim meets.

4. I will refrain from the use of any drugs, alcohol, or weapons during league events.
 - Use of drugs, alcohol, or weapons is prohibited during all swim activities and/or when in the presence of swimmers.
 - I will not provide any type of drug, alcohol, tobacco, or weapon to any swim league participant.

5. I will remember the Summer Swim League program is for the youth – not the adults by:
 - Emphasizing fun and participation.
 - Refraining from a win-at-any-cost attitude.

6. I will do my very best to make the summer swim league program fun for my child by:
 - Positively exercising my influence on the behavior of other parents or spectators.
 - Reporting inappropriate behavior to coaches and/or pool coordinator.
 - Acting responsibly to stop or deescalate negative behaviors.
 - Refraining from any form of encouragement or reinforcement of negative/inappropriate behavior of others.

7. I will expect and encourage my child to treat other swimmers, coaches, parents, officials, spectators, and staff with dignity and respect by:
 - Being respectful of the property and possessions of other swimmers.
 - Refraining from activities that may cause damage to other people, their possessions, or to the facility that are swimming at. Participants will be held financially responsible of any damage.

MCSA SUMMER SWIM LEAGUE SWIMMER CODE OF CONDUCT

This code of conduct provides more specific guidelines for the swimmers/participants in the MCSA league to ensure a safe and positive environment.

1. I will treat all swimmers, coaches, staff, officials, and parents with respect and dignity.
2. I will regularly show up on time for practice and be ready and willing to get into the water at my assigned workout time.
3. I will refrain from inappropriate behavior, language, and conversational subject matter during all swim team events including practices, meets and special team events.
4. I will display a positive and upbeat attitude towards fellow swimmers, coaches, officials and parents.
5. I acknowledge that I am part of a TEAM and will support that team and *all* of its members.

League Components & Organization

The Metropolitan Community Swim Association (MCSA) League is an organized collection of local teams in the Kansas City Metropolitan area that are all equal partners in the governing and execution of the league each summer. Currently the participating teams are:

- Liberty Storm Swim Team
- Riptide Swim Team
- Gladstone Gators Swim Team

Each team will provide at least one “league coordinator” each season to attend league meetings and take part in governing decisions, planning, and scheduling. Each season’s league coordinators will need to be involved with the league well beyond the active start and end dates of each season to ensure a smooth season and fair representation of team interests. League coordinators will be chosen by each city’s full-time Parks and Recreation program coordinator for each team.

The MCSA League will be composed of the following each summer:

- A pre-season league meeting of league coordinators between January and April before a given season
- Separate informational Parent Meetings put on by each team’s coaching staff prior to the start of the season
- A 6-week active swim season beginning the first week in June
- Regular practices as determined by each team’s staff
- A “Season Opener” meet, which includes all participating teams
- An end-of-season “MCSA League Championship Meet” on the final Saturday of the season, which includes all participating teams
- Regular weekly “Dual” or “Tri” meets between individual teams, meet format will depend on the number and size of participating teams each season and will be determined at the league meeting
- A “Bye Week” for all teams on the Saturday closest to Independence Day
- Separate end-of-season celebrations for each team following the conclusion of the season
- A post-season league meeting between July and September

Practice & Meet Attendance

Each team's practice schedule will be planned and provided by their respective coordinator and coaching staff. The league shall not govern the days and/or times that each team practices in order to preserve the best interests of each individual team on the matter.

Participants are encouraged to participate in all practices, meets, and special events with their team. Collectively the swimmers are what make this league special and they are truly missed when not present.

Keep in mind that while a child swims individually, his/her performance results in points for their team at all meets. Swimming is both an individual and team sport. Attendance is needed for both the individual and the team to be successful in this sport.

If a swimmer misses a meet that they are signed up for, it often results in scratched relays and disappointed teammates. Please be considerate and let your coach know if you will miss all or part of a meet so they can properly fill relay teams with those who will be in attendance.

MCSA does not have a minimum number of practices required prior to swimmer participating in a swim meet.

VOLUNTEERING

Parent volunteers are essential to a successful team and league as a whole. The coaches and staff at all the pools put a lot of time and effort into creating the best quality program possible, but still need a lot of help. Please take a look at the list below of volunteer opportunities at swim meets.

- Volunteer sign-ups will be available at practice beginning the Monday prior to the meet. Each team may post these in the manner that they prefer.
- Volunteers are required to stay at their position for the entirety of their shift unless they are relieved by another volunteer.
- While volunteering you will not be able to stay in the crash area with your children or leave your position, therefore, it is encouraged that you have someone be responsible for getting your child to the clerk of the course on time for their check in.
- Volunteers should wear comfortable shoes, sun protection and stay well hydrated though the course of the swim meet.

The following is a list of volunteer opportunities for family and friends. Coaches can use help during the whole season, but the jobs below are essential for a meet to run smoothly and stay on time:

Lane Timer:

Each timer is responsible for starting and stopping a stopwatch for each race and then recording the swimmer's time on the time card. Timers need to make sure the name of the swimmer racing corresponds with the name written on the time card. There are two timers positioned at the starting end of each lane and may need to switch ends of the pool when 8 & under's compete. Each lane will be given two stopwatches, a pen, a clipboard, and lane timer sheets.

Runner:

The runner is responsible for picking up the time cards from the timers and DQ slips from stroke judges at the conclusion of each event number. The runner delivers all the collected time cards and DQ slips (if applicable) to the computer table to be reviewed and submitted.

Award Labeler:

Once the labels have been printed, they are then needed to be placed on the appropriate ribbon. The job of this volunteer is to do just that. Place labels on the appropriate ribbon and sort all ribbons according to team, and last name. Each team must supply this position for each meet.

Clerk of Course:

Responsible for calling out the upcoming heats and organizing participants for their upcoming race by placing swimmers in correct chairs (this corresponds with their heat and lane number). Each clerk of the course will be given a heat sheet and mega phone (or loud voice).

Place (Finish) Judge:

Place judges are responsible for watching swimmers as they finish their race and recording the order of finish. Two place judges sit at both sides of the pool on the finish end.

Starter/Announcer:

The starter is responsible for keeping the meet running by starting each heat with a series of commands to begin the start of the race. The starter sets the pace for the meet and responsible for keeping the meet moving quickly and smoothly.

Stroke & Turn Judge:

Stroke and Turn Judges are the officials/referees of swim meets. They are there to fairly and consistently uphold the stroke guidelines as put forth by the MCSA. This position requires knowledge of league rules and ability to quickly enforce these during an event. Officials must never overlook their responsibility to swimmers and should not make any disqualification calls unless they have absolute certainty in the violation.

Swim Meet Organization & Participation

Swim meets are on Saturday mornings and warm ups for meets can begin as early as 6:15 am. Pay attention to coaches the week of the meet for warm up time details. Tri meets will start at 7:30 am and will end by noon. The championship meet will begin at 7:30 am and usually concludes by 4:00 pm (or sooner).

The first thing a swimmer should do when arriving at a meet is check in with their coach and be ready on the pool deck at the beginning of their warm up session. There will be specified team areas for all team members and families during meets. Swimmers and families should bring necessary supplies to be comfortable outside such as canopies, folding chairs, sunscreen, towels, blankets, healthy snacks, coolers, etc. Heat sheets will be posted around the pool deck and are usually for sale as posted at each facility. Swimmers need to check to see what they are swimming and be “labelled” by a coach or parent, preferably per the specifications in this handbook under the “Labeling Swimmers” section. Changes do occur often; therefore, all swimmers need to be sure of the events they are swimming as well as listen and be flexible to get to the clerk of the course on time and into their correct races. This will ensure a smoothly run meet.

SWIM MEET LOCATIONS

Gladstone Municipal Pool
7011 N Holmes St
Gladstone, Missouri 64118
Phone: (816) 423-4200

Henley Aquatic Center
18200 MO-78
Independence, MO 64057

Liberty Community Center
1600 South Withers Road
Liberty, MO 64068-4604
Phone: (816) 439-4360

Labeling Swimmers

It is extremely helpful for swimmers to be knowledgeable of the event numbers they are swimming in before the meet begins. Since paper doesn't work well around water, the best way to ensure this is to write it on the swimmer's forearm using the example format below. In this format "E" stands for event number, "H" stands for the heat the swimmer will be in, and "L" stands for the exact lane the swimmer will be in. This information can be determined using a heat sheet or by asking for assistance from one of your team's coaches before the start of the meet.

E	H	L
11	2	5
31	1	4
51	4	1

In this example, the swimmer is swimming in events 11, 31, and 51. For event 11, the swimmer will be in the second heat in lane 5.

****Please do not let swimmers write on their back as the marker will rub off on the chairs at the clerk of the course. Swimmers with writing on their backs may not be permitted to swim until it is removed at certain pools. ****

***** It is important to remember that the clerk of the course volunteers may ask participants to move to a different heat and/or lane to keep a meet running quickly and combine inefficient heats (especially those with only 1 or 2 swimmers). This means that your swimmer should have the information provided by arm labeling, but should be flexible and compliant with the clerk of the course volunteers' commands. If your swimmer is moved it will likely only be up or back one heat, and the meet volunteers will be working together to ensure that the correct time is assigned to your swimmer. *****

Swim Meet Events and Swimming up an Age Group

A swimmer can swim in an older age group but he/she cannot swim in a younger age group, even in relays. Boys and girls will always compete against their own sex, but may be asked to swim in the same heat as the opposite sex (called a combined event) to help make the meet run faster.

If a swimmer swims up an age group they must compete in that age group for the remainder of the season.

Event Entry Limitations

At **Dual meets** each swimmer is allowed to swim EITHER 2 individual events + 2 relays OR 3 individual events + 1 relay, a maximum of 4 events.

Quad meets are individual events only and swimmers may swim a maximum of 2 events.

At the **Championship meet** swimmers may swim EITHER 2 individual events + 2 relays OR 3 individual events + 1 relay, a maximum of 4 events.

PROPOSED ALL-TRI MEET FORMAT:

At **Tri meets** each swimmer is allowed a maximum of 3 individual events. Relay limitations are based on team size as follows: Liberty may submit up to 3 relay teams in each relay event, Gladstone may submit up to 2 relay teams in each event, and Grandview may submit 1 relay team into each event. If Grandview can and would like to field more than 1 relay team for a particular event, they will need to first reach out to Liberty for an unoccupied spot, then Gladstone. If neither team has an open relay spot, Liberty must give up their "D" relay spot to Grandview's second team for that event.

Championships if 8 lane pool: Liberty (4), Gladstone (3), Grandview (1)

Competition Format & Meet Scoring

Competition will be run in five age groups for both girls and boys:

- 8 & Under
- 9 - 10 year olds
- 11 - 12 year olds
- 13 - 14 year olds
- 15 - 18 year olds

Age group for each season is determined by participant's age as of June 1 of the year in which the relevant season occurs.

Based upon a swimmers finishing place, each individual can earn points for their team. The following scoring format applies to all MCSA league meets, including the championship meet.

The top 6 individuals that place in each individual event earn points as follows:

1 st	7 points
2 nd	5 points
3 rd	4 points
4 th	3 points
5 th	2 points
6 th	1 point

The top 6 relay teams that place in each relay event earn points as follows:

1 st	14 points
2 nd	10 points
3 rd	8 points
4 th	6 points
5 th	4 points
6 th	2 points

Meet Awards

Based upon a swimmers finishing place, each individual has the opportunity to earn awards from each meet they participate in. These awards come in various forms and can be earned as follows:

“Regular” Season Meets

*Regular season meet awards are purchased by and for each individual team

Individual Events

1st – 8th place Respective place ribbon

Relay Events

1st – 6th place Respective place ribbon

- Heat winners will receive a heat winner ribbon for individual events

End of Season Championship Meet

*Meet awards for the Championship Meet are purchased by the host team for that season.

Individual Events

1st – 6th places Respective place medal

7th – 12th places Respective place ribbon

- Heat winners will receive a heat winner ribbon for individual events
- 8 & under swimmers will receive a participation ribbon for each event swam showing their place and time in the event
- All swimmers in the 9-10 and older age groups will receive one unlabeled participation ribbon for participating in the meet, unless they receive at least one place ribbon or medal

Relay Events

1st – 3rd places Respective place medal

4th – 6th places Respective place ribbon

- Relay heat winners will not receive a heat winner ribbon

'A' Time Standards

The MCSA league is designed for the beginner swimmer to compete in an environment where they have the opportunity to score points for the team as well as achieve individually. If a swimmer swims an 'A' time in a meet they are not allowed to swim that event for the remainder of the season unless they swim up an age group.

'A' Time Standards*

8 & Under Girls	
Event	Time
25 Y Free	20.84
25 Y Back	24.39
25 Y Breast	27.04
25 Y Fly	25.69
50 Y Free	41.69

8 & Under Boys	
Event	Time
25 Y Free	20.84
25 Y Back	24.39
25 Y Breast	27.04
25 Y Fly	25.69
50 Y Free	41.69

9 - 10 Girls	
Event	Time
50 Y Free	31.89
50 Y Back	37.99
50 Y Breast	41.99
50 Y Fly	36.69
100 Y IM	1:21.39

9 - 10 Boys	
Event	Time
50 Y Free	31.39
50 Y Back	37.79
50 Y Breast	41.89
50 Y Fly	36.19
100 Y IM	1:20.39

11 - 12 Girls	
Event	Time
50 Y Free	29.39
50 Y Back	33.29
50 Y Breast	37.49
50 Y Fly	31.89
100 Y IM	1:13.09

11 - 12 Boys	
Event	Time
50 Y Free	28.39
50 Y Back	33.09
50 Y Breast	36.89
50 Y Fly	31.69
100 Y IM	1:11.09

13 - 14 Girls	
Event	Time
50 Y Free	28.19
50 Y Back	33.99
50 Y Breast	34.19
50 Y Fly	31.19
100 Y IM	1:07.79

13 - 14 Boys	
Event	Time
50 Y Free	25.99
50 Y Back	31.79
50 Y Breast	33.29
50 Y Fly	30.19
100 Y IM	1:02.89

15 - 18 Girls	
Event	Time
50 Y Free	27.49
50 Y Back	32.09
50 Y Breast	33.89
50 Y Fly	30.99
100 Y IM	1:05.49

15 - 18 Boys	
Event	Time
50 Y Free	24.29
50 Y Back	28.69
50 Y Breast	31.59
50 Y Fly	28.19
100 Y IM	58.69

*Times are determined by USA time standards and may be slightly modified by our coaches strictly for our league.

Swimming Regulations

- A swimmer must complete the designated length of the race.
- A swimmer must make contact with the wall at each turn and at the finish of a race.
- A swimmer may not push off the bottom of the pool in such a way as to progress forward by using this action.
- A swimmer may not pull on the lane ropes, make contact with another swimmer, or perform any other action, which may give him/her an unfair advantage or put another swimmer at a disadvantage.

Qualifying for the Championship Swim Meet

To qualify to swim in a particular event during the end of season League Championship Meet, a swimmer must have an existing time for that event from the current season. In order to receive an existing time for an event, a swimmer must have swum and completed a race in that event at a meet during the current season and must not have been disqualified.

*This league rule is subject to change mid-season based on a decision made by league coordinators based on the current season's situation, especially in regards to the number of cancelled meets due to weather or other uncontrollable circumstances.

Disqualification

When a swimmer does not follow one of the rules governing an event, his/her time will still be recorded but their swim does not count and is not placed or scored with the other swims in that event for that meet.

Swimmers will be taught during practice in accordance to USA Swimming guidelines to the degree that each coach is knowledgeable of such guidelines, however, **this is a novice league** and there will be exceptions and judgment calls made by the volunteer stroke judges under the guidance of the meet director to determine disqualifications during swim meets.

8 and under swimmers will not be disqualified until July, but the rest of the age groups will be subject to disqualification for stroke and turn infractions for the entire season. Our goal is to correct improper stroke and turn usage to better the swimmer's knowledge and ability to perform the correct stroke. 8 & under swimmers will be given a "warning" DQ sheet through June so that they become knowledgeable of their mistakes and can correct them before July.

While swimmers will be taught in accordance with USA Swimming guidelines, they will be disqualified during meets according to a custom MCSA Disqualification Standard per the Stroke, Start, and Finish Rules in the following sections of this handbook and per the MCSA DQ Report used by volunteer disqualification officials during MCSA meets. This report is designed to encourage consistency across the season, no matter who volunteers as a stroke judge throughout the season.

Start and Finish Rules

The order of the starting judge's commands is as follows:

1. Announce the event (Event #12 Boys 8 and Under 50 meter Freestyle)
2. Timers clear your watches
3. Swimmers to the blocks (or "in the water" for applicable events)
4. Swimmers take your mark
5. NON VOCAL START SIGNAL

The purpose of the first command is to signal the competitors and the various judges and timers that the race is about to begin. Swimmers should put goggles and caps on at this time. When the starter says, "take your marks" the swimmers must do so simultaneously and then hold this position until the start signal is given.

Forward Start: Swimmer starts with at least one foot at the front of the block. At the starter's command, "swimmers take your mark," the swimmer must assume his/her position and remain motionless until the starter signals to go.

Used for: all individual strokes that are swam in a forward position.

Backstroke Start: Both feet must be completely underwater for the start. At the starter's command, "swimmers take your mark," the swimmer pulls the body forward and towards the wall. Swimmers must use the pool wall to push off. Used for: backstroke starts during the backstroke and medley relay events.

Relay Starts: For a start to be legal a swimmer's feet may not completely leave the block until the incoming swimmer touches the wall. A swimmer can be in full motion as long as his/her toes are touching the block when the incoming swimmer touches the wall.

False Starts: The no "false start" rule will be enforced. If a swimmer false starts, they will be immediately disqualified without a first warning. Swimmers may be disqualified for a false start if they fail to remain still in the starting position until the starter sounds the start signal to begin the race.

If a Swimmer False Starts: the actions following a false start will be up to the volunteer starter under the guidance of the meet coordinator.

- If the false start is well before the start signal is given and the race can be easily stopped to reset, then the starter may hold down the start signal button to project repeated sounding of the start signal to get the attention of all swimmers in the heat, and then restart the heat all together. In this case the disqualified false start swimmer may still participate in the restarted race to record a time, but will still be marked and disqualified for a false start and not scored for that race, even if they have a legal start in the reset.
- If the false start is less obvious and does not cause other swimmers a major disadvantage (i.e. a fairly clean heat start) then the race should be allowed to continue and the individual who executed a false start will just be disqualified.

Stroke Rules

Failure to follow the following rules of swimming with result in disqualification.

Freestyle

- Start – Forward start off block or pool deck.
- Body Position – No restriction upon body position, if submerged at start and turns, head must break the surface of the water by the 15 meter mark.
- Stroke - Freestyle is any style of swimming. The most commonly used stroke is the crawl stroke but any style may be used.
- Kick - Swimmer may use any kick.
- Turn/Finish – Some part of the body must touch the wall on the turns and finish.

Backstroke

- Start - Start in the water with hands on wall or starting block. Feet and toes must be under the water line.
- Body Position - The swimmer must remain on their back except while executing a turn.
- Stroke – Any stroke style may be used.
- Kick - Any kick style may be used.
- Turn - During the turn the shoulders may turn past vertical toward the stomach, IF the swimmer turns past vertical, such motion must be part of a continuous turning motion. The swimmer must be on the back before the feet leave the wall.
- Finish - Must remain on back until their hand, arm, or some part of the body touches the wall.

Breaststroke

- Start - Forward start off block or pool deck.
- Body Position – Swimmer must remain on their stomach, except while executing turns. Some portion of the swimmer’s head must break the water’s surface on each stroke, except while executing a start or turn. The swimmer is allowed to complete an underwater stroke immediately following the start and each turn.
- Stroke – Arms shall move simultaneously and in same horizontal plane, not alternating. Arms may not pass waist line except during pull out.
- Kick – Legs shall move simultaneously and be kept underwater at all times. Feet turned outward demonstrating the breaststroke kick. Scissor kick, flutter, or downward butterfly kick not permitted.
- Turn/Finish – On each turn and at the finish, the swimmer must touch the wall with two hands simultaneously and at the same level.
- Underwater Pull Out – After the start and each turn, the swimmer may complete one underwater pull and the arms may go past the waist. A single butterfly kick, which must be followed by a breaststroke kick, is permitted.

Butterfly

- Start - Forward start off block or pool deck.
- Body Position – Swimmer must remain on their stomach, except while executing turns.
- Stroke – The swimmer’s arm pull must be symmetrical and simultaneously.
- Kick – The dolphin kick (both feet together) must be used for this stroke.
- Turn/Finish – On each turn and at the finish, the swimmer must touch the wall with two hands simultaneously and at the same level.

Individual Medley

- Start - Forward start off block or pool deck.
- Stroke Order – 25 meter butterfly, 25 meter backstroke, 25 meter breaststroke, 25 meter freestyle.
- Body Position – Rules for each stroke apply.
- Stroke - Rules for each stroke apply.
- Kick - Rules for each stroke apply.
- Turns/Finish - Rules for each stroke apply.

SWIM MEET ORDER OF EVENTS

- #1 Girls 8 and U 100 Meter Medley Relay
- #2 Boys 8 and U 100 Meter Medley Relay
- #3 Girls 9-10 200 Meter Medley Relay
- #4 Boys 9-10 200 Meter Medley Relay
- #5 Girls 11-12 200 Meter Medley Relay
- #6 Boys 11-12 200 Meter Medley Relay
- #7 Girls 13-14 200 Meter Medley Relay
- #8 Boys 13-14 200 Meter Medley Relay
- #9 Girls 15-18 200 Meter Medley Relay
- #10 Boys 15-18 200 Meter Medley Relay
- #11 Girls 8 and U 50 Meter Freestyle
- #12 Boys 8 and U 50 Meter Freestyle
- #13 Girls 9-10 100 Meter IM
- #14 Boys 9-10 100 Meter IM
- #15 Girls 11-12 100 Meter IM
- #16 Boys 11-12 100 Meter IM
- #17 Girls 13-14 100 Meter IM
- #18 Boys 13-14 100 Meter IM
- #19 Girls 15-19 100 Meter IM
- #20 Boys 15-18 100 Meter IM
- #21 Girls 8 and U 25 Meter Freestyle
- #22 Boys 8 and U 25 Meter Freestyle
- #23 Girls 9-10 50 Meter Freestyle
- #24 Boys 9-10 50 Meter Freestyle
- #25 Girls 11-12 50 Meter Freestyle
- #26 Boys 11-12 50 Meter Freestyle
- #27 Girls 13-14 50 Meter Freestyle
- #28 Boys 13-14 50 Meter Freestyle
- #29 Girls 15-18 50 Meter Freestyle
- #30 Boys 15-18 50 Meter Freestyle
- #31 Girls 8 and U 25 Meter Freestyle
- #32 Boys 8 and U 25 Meter Freestyle
- #33 Girls 9-10 50 Meter Butterfly
- #34 Boys 9-10 50 Meter Butterfly
- #35 Girls 11-12 50 Meter Butterfly
- #36 Boys 11-12 50 Meter Butterfly
- #37 Girls 13-14 50 Meter Butterfly
- #38 Boys 13-14 50 Meter Butterfly
- #39 Girls 15-18 50 Meter Butterfly
- #40 Boys 15-18 50 Meter Butterfly
- #41 Girls 8 and U 25 Meter Backstroke
- #42 Boys 8 and U 25 Meter Backstroke

#43 Girls 9-10 50 Meter Backstroke

#44 Boys 9-10 50 Meter Backstroke

#45 Girls 11-12 50 Meter Backstroke

#46 Boys 11-12 50 Meter Backstroke

#47 Girls 13-14 50 Meter Backstroke

#48 Boys 13-14 50 Meter Backstroke

#49 Girls 15-18 50 Meter Backstroke

#50 Boys 15-18 50 Meter Backstroke

#51 Girls 8 and U 25 Meter Breaststroke

#52 Boys 8 and U 25 Meter Breaststroke

#53 Girls 9-10 50 Meter Breaststroke

#54 Boys 9-10 50 Meter Breaststroke

#55 Girls 11-12 50 Meter Breaststroke

#56 Boys 11-12 50 Meter Breaststroke

#57 Girls 13-14 50 Meter Breaststroke

#58 Boys 13-14 50 Meter Breaststroke

#59 Girls 15-18 50 Meter Breaststroke

#60 Boys 15-18 50 Meter Breaststroke

#61 Girls 8 and U 100 Meter Free Relay

#62 Boys 8 and U 100 Meter Free Relay

#63 Girls 9-10 200 Meter Free Relay

#64 Boys 9-10 200 Meter Free Relay

#65 Girls 11-12 200 Meter Free Relay

#66 Boys 11-12 200 Meter Free Relay

#67 Girls 13-14 200 Meter Free Relay

#68 Boys 13-14 200 Meter Free Relay

#69 Girls 15-19 200 Meter Free Relay

#70 Boys 15-18 200 Meter Free Relay

END OF SWIM MEET